Margaria

1 8 12

2 2

3 8 12

4 2

1

2

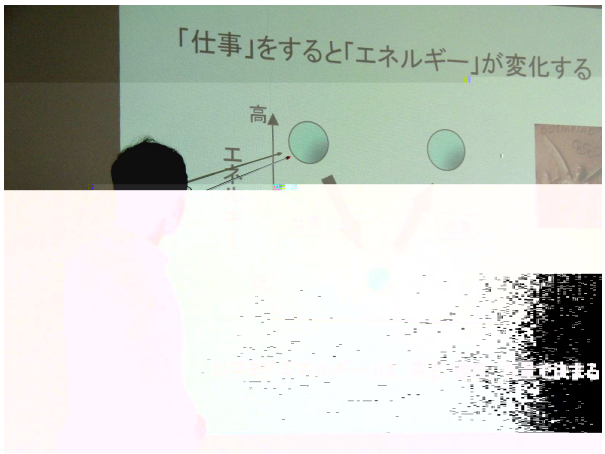
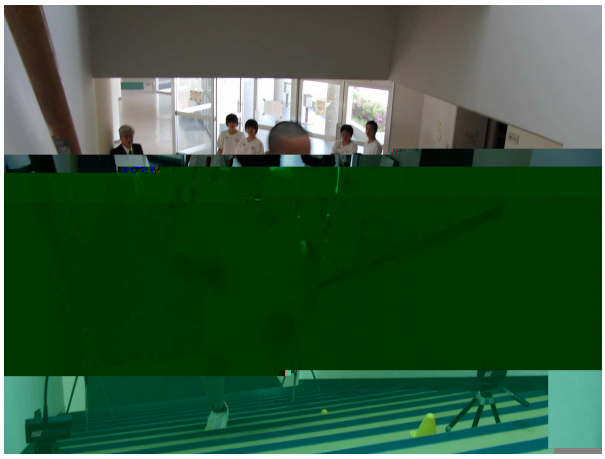
3 6 12

8 12

8 12 h mgh

g m

W kg × m/s² × m ÷ s

1

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