

Policies and Guidelines at Hiroshima University for Respecting Gender and Sexual Diversity -for LGBT+ Students

December, 2019



*In the guidelines, "LGBT+" is used as a general term related to gender and sexual diversity to indicate, for example, a lesbian (a female attracted to a female), gay (a male attracted to a male), bisexual (an individual attracted to both a female and a male), and transgender individual (whose gender identity is different from the sex that they were assigned at birth).

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Policies for Gender and Sexual Diversity

Based on the founding principle "a single unified university, free and pursuing peace," Hiroshima University strives to accept a wide variety of individuals, respect each individual's autonomy, eliminate discrimination, and establish an environment in which all our members can fully demonstrate their capabilities to the fullest extent possible without any worry. This approach is also applicable to our response to sexual and gender issues. To implement specific measures toward realizing our ideals, we have formulated the Policies for Respecting Gender and Sexual Diversity, based on which we have established response guidelines.

1. We Respect Gender and Sexual Diversity.

We respect each individual's diversity, such as gender identity, sexual orientation, gender expression, and sex characteristics*.

2. We Do Not Discriminate on the Basis of Gender or Sex.

Placing our cornerstone on gender and sexual diversity and equality, we do not discriminate on the basis of gender or sex.

3. We Respect Each Individual's Gender and Sexual Autonomy.

We respect each individual's gender and sexual autonomy. Each individual's gender and sex, and also whether or not they will disclose them, should be controlled based on their autonomy.

4. We Foster an Inclusive Education and Research Environment.

We foster an inclusive education and research environment in terms of gender and sex.

An inclusive environment here means one in which each individual is respected, enabling them to live as their true self without any worry, fully demonstrate their characteristics, and engage in the production of new knowledge without any hesitation. Gender and sex are particularly important elements for establishing each individual's identity. We foster an environment in which all our members can engage in education and research without any worry and unnecessary restraints, irrespective of gender and sex.

***Term Definitions**

Gender identity = Which gender you do, or do not, identify with

Sexual orientation = Which sex and/or gender you are, or are not, attracted to

Gender expression = How you do, or do not, communicate your gender through your appearance and behavior

Sex characteristics = What physical features relating to sex you do, or do not, have

Guidelines for Response to LGBT+ Students

I. Guidelines

The guidelines show specific responses to be made to ensure that Hiroshima University is an educational and research institute that respects gender and sexual diversity. As necessary, the guidelines present **Policy** to explain our policies and views, **Response** to describe points that faculty and staff should note when responding to LGBT+ students, and **Student** to explain to LGBT+ students what they should do to receive support.

The most critical point when responding to LGBT+ students is to confirm their intention at the beginning. It is, of course, important to take account of the existence of minorities in

Another option is not to seek advice from the LGBT+ Counseling Counter but to make direct contact with any of the following counseling counters (whose contact information is provided in section 1 at the end of the guidelines), if necessary.

If students have any problem but are not sure where they can seek counseling, they can also contact the Student Counseling Counter (whose contact information is provided in section 1 at the end of the guidelines).

2. Counseling Counter to Address Problems with Classes

If students have any problem or difficulty in learning, they are encouraged to seek counseling from the Accessibility Center.

At Hiroshima University, we follow the basic principles of ensuring that all students can receive the same, high-quality education and guaranteeing the fairness of assessment. We promote learning accessibility (ease with which to learn and participate), and make reasonable accommodation for students with social barriers to learning.

3. Counseling Counter to Address Worry

If students are worried about their gender or sex, counseling is available in the counseling section and the mental health section of the Health Service Center, and also in the Peer Support Room.

4. Counseling Counter to Address Trouble

If students experience, regarding their gender or sex, any lack of understanding from university faculty or staff, other students, etc. suffer bullying, discrimination, or disadvantage, or have any other types of trouble, counseling is available at the Harassment Consultation Office.

Possible examples of harassment on the basis of gender or sex are presented below:

- Making insulting remarks regarding an individual's gender identity, sexual orientation, gender expression, sex characteristics, etc.
- Assuming that an individual is inferior or undesirable in terms of personality, capability, action, inclination, etc., simply because the individual is a sexual minority.
- Revealing an individual's gender identity, sexual orientation, gender expression, sex characteristics, etc. to a third party, or spreading information on them without permission from the individual. (This is called "outing.")

At Hiroshima University, these behaviors are prohibited based on the harassment guidelines.

<https://www.hiroshima-u.ac.jp/harass/siryo/guideline>

5. Information and Awareness

The Research Center for Diversity and Inclusion and the Harassment Consultation Office make efforts to raise campus awareness of gender and sexual diversity, and they provide information to those who would like to know more about it. (Students can use and borrow books, DVDs, materials, etc.)

III. Treatment of Students' Names and Gender Information

Policy We understand that disclosure of students' names, gender information (family relationship information), etc., in their Family Registry might cause them disadvantages. We raise our university members' awareness of that possibility and ensure that students' names and sexual information are handled carefully.

While responding flexibly so that students can spend their school life by the names that they would like, we strive to reduce opportunities for their gender information to be needed and review our gender-specific practices, in order to protect students from being excluded or having trouble on the basis of their gender.

1. Preferred Names

Response If students complete the designated procedure, they can change their names on the school register to preferred names. In principle, not only their signatures but also the signatures of their parents, guardians, etc. are required. If they have come of age, however, students can change their names on the school register without the signatures of their parents, guardians, etc., as long as they have explained the change to their parents, guardians, etc.

Student If students would like to change their names on the school register to preferred names because of their gender disparity, they can change them in principle by completing the designated procedure, although the signatures of their parents, or guardians, etc. are necessary. This is because a change of their names on the school register to preferred names means that the preferred names will be used for all the activities that they engage in as students of Hiroshima University, whether on or off campus, and because we believe that it would be difficult for us to endorse such activities without the consent of their parents, or guardians, etc. If students have come of age, the signatures of their parents, or guardians, etc. are not a requirement. However, when students cannot obtain the signatures of their parents or guardians, etc., the students must definitely explain to their parents, or guardians, etc. about the change of their names on the school register to prevent trouble from occurring.

If the students do not have Japanese nationality, they need to take account of how to handle the change in terms of immigration control. For details, students are encouraged to contact the LGBT+ Counseling Counter.

If students are engaged in any on-campus work and receive pay, remuneration, etc., pay slips and some other in-house documents contain their names as indicated on their Family Registry.

Note If students change their names on the school register to preferred names, the preferred names will be used in almost all the documents issued by us. If they request, we will issue a Certificate for Use of Preferred Name. However, should any disadvantage occur as a result of a difference between their names on a document issued by us and their names on their Family Registry, they need to handle the disadvantage on their own responsibility. They are encouraged to seek counseling from the LGBT+ Counsellor.

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information on their Family Registry (or their former gender information on their Family Registry) is provided on rolls or other documents, and they need to handle such information very carefully to prevent any leakage.

This approach is also applicable to the handling of the names on the Family Registry of students using preferred names. Such names are disclosed only to administration staff in charge of school affairs and students and to tutors, who must handle the names on the Family Registry very carefully.

However, this approach does not apply in case of emergency, such as when an accident or incident occurs. In such cases, we might disclose the relevant student's gender information and name on their Family Registry to the necessary persons concerned without permission from the student.

2) Rolls

Response In principle, the format of rolls needs to be free of a gender section. If gender information needs to be provided on rolls, they need to be managed cautiously. Once the rolls become unnecessary, they need to be discarded promptly.

3) Statistical Research and Experiments

Response Even if it is necessary to obtain a male-to-female ratio in statistical research for the purpose of, for example, promoting gender equality, we recommend such categories as "Other" and "Non-response" be provided.

are not allowed to make a discriminatory joke, ridicule, engage in teasing, etc. on the basis of students' gender identity, sexual orientation, gender expression, sex characteristics, etc. Moreover, they need to be mindful of questions and directions that will force students to disclose their private information. Also, they need to try to avoid giving examinations and assignments, such as report writing, that are difficult for sexual minorities to handle or cause them mental suffering.

On campus, freedom of speech and freedom of religion are protected. However, even those who cannot tolerate homosexuality, transgenderism, etc. on the basis of their religions and beliefs are not allowed to clearly attack our university members simply because they are sexual minorities or to act without respecting the human rights of such individuals.

Student If students are worried whether there is any gender-based division in classes that they would like to register for, they are encouraged to check the syllabuses before deciding to register for them. If they request consideration, they are encouraged to contact the LGBTQ+ Counseling Counter or the faculty members in charge of the classes.

2. Preferred Titles

Policy We encourage all university members, including faculty members in charge of classes, to avoid using gender-specific titles when addressing students in classes and to use "san" or any other non-gender-specific title. This approach is also applicable to foreign language classes. For titles used in foreign languages, we provide information and, at the same time, seek information from all university members.

Response Faculty members in charge of classes are encouraged to use a non-gender-specific title to the fullest extent possible when addressing students. In addition, they are encouraged to collect information on non-gender-specific titles in foreign languages.

Student If students request consideration for the handling of their names and preferred titles, they are encouraged to contact the LGBTQ+ Counseling Counter or the faculty members in charge of their classes.

3. Gender-based Grading Assignments

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group assignment in classes that they would like to register for, they are encouraged to check the syllabuses before registration. If they request consideration, they are encouraged to contact the LGBT+ Counseling Counter or the faculty members in charge of the classes.

4. Sports Classes

Policy We also encourage sports classes to be organized without gender-based group assignments or gender-based rules.

Response Those in charge of sports classes are encouraged to break away from conventions and consider whether there is any possibility of organizing classes without gender-based group assignments or gender-based rules. They are also encouraged to prevent outfits and equipment in classes from becoming more gender specific than necessary. For points to note regarding intensive lessons that require an overnight stay, see IV-7 3).

If gender information is absolutely necessary, those in charge of sports classes need to file an application, accompanied by a description of the reason, to administration staff. If there is a possibility that there will be gender-based group assignments in classes, those in charge of the classes need to indicate the possibility on the syllabuses.

Student If students are worried about gender-based group assignments, outfits, equipment, and locker rooms in sports classes, and overnight stays for intensive lessons, they are encouraged to check the information on the syllabuses before class registration. If necessary, they are encouraged to contact the LGBT+ Counseling Counter or those in charge of the classes.

In the West Gymnasium, there is an accessible unisex restroom. We will install another accessible restroom, where we will also install a shower booth and a changing booth. Since some people can use only accessible restrooms, we ask all university members to show consideration for one another.

5 Classes for Which Outfits Need to Be Changed

Response If students need to change their outfits for classes, those in charge of the classes need to clearly indicate the necessity on the syllabuses. If students say that they feel hesitant to use gender-based locker rooms, those in charge of the classes need to respond flexibly by, for example, having the students use the locker rooms at a different time or by having them change their outfits in a different room.

Student If students feel hesitant to change their outfits in gender-based locker rooms, they are encouraged to contact the LGBT+ Counseling Counter or the faculty members in charge of the classes.

We will install changing booths and equip some accessible restrooms with a changing board. Since some people can use only accessible restrooms, we ask all university members to show consideration for one another.

*For the latest information on the installation of facilities for changing outfits, contact the LGBT+ Counseling Counter.

6. Handling of Gender Information and Names on Class Rolls

Policy In principle, gender information on class rolls is not disclosed to the faculty members in charge of classes. Although tutors and administration staff in charge of school affairs and students can access students' gender information through the school register, they handle it carefully to prevent any leakage.

As indicated in III-1, if students change their names on the school register to preferred names, the change is reflected in all the class rolls. Although tutors and administration staff in charge of school affairs and students can identify such students' names on their Family Registry, they handle the information, as well as their gender information, carefully.

However, this approach does not apply in case of emergency, such as when an accident or incident occurs. In such cases, we might disclose the relevant student's gender information and name on their Family Registry to the necessary persons concerned without permission from the student.

Response If faculty members in charge of classes consider students' gender information essential and indispensable to ensure educational effects or security, they can ask the administration staff to disclose the information. In this case, the faculty members need to be aware that some students might suffer disadvantage if their gender information is disclosed, to handle the gender information carefully, and to ensure that the gender information is not revealed in disregard of the students' will. Once the information becomes unnecessary, it needs to be discarded promptly.

Tutors and administration staff in charge of school affairs and students need to recognize students' gender information and names on their Family Registry as personal information that requires careful handling, so they need to prevent any leakage.

Student If students would like to know in detail about the scope of the disclosure of their gender information and names on their Family Registry, such as to whom and why they have been disclosed, they are encouraged to contact the LGBT+ Counseling Counter.

7. Off-campus Learning (Teaching Practicums, Internships, Nursing Care Practicums, etc.)

Policy For off-campus practicums, it is sometimes difficult to change practicum partner organizations' policies or facilities. However, we make efforts so that all our students regardless of their gender and sex can undertake a practicum, as long as they wish to do so, by offering counseling for students and faculty and staff in charge of practicums and, at the same time, by striving to obtain understanding from practicum partner organizations.

Response Faculty and staff in charge of off-campus practicums need to strive to obtain understanding from practicum partner

organizations by notifying them of our policy of respecting individuals' gender and sexual diversity, and they need to prevent trouble from occurring.

If students request consideration in terms of handling of their gender information, outfits, locker rooms, overnight stays, etc., faculty and staff in charge of the practicums need to consult with the practicum partner organizations so that they will respond as flexibly as possible.

Student If students who will undertake practicums request consideration and understanding from the practicum partner organizations regarding the handling of their information, outfits, locker rooms, overnight stays, etc., they are encouraged, in advance, to contact the LGBT+ Counseling Center or communicate their request to the faculty and staff in charge of the practicums.

1) Gender Information

Policy We respond flexibly so that students can select whether they will undertake off-campus practicums by the gender they identify with or by the gender on their Family Registry.

Response If faculty and staff in charge of off-campus practicums are consulted by students regarding the gender by which they will participate in the practicums, they need to try to accommodate their request by seeking understanding from the practicum partner organizations. In addition, the faculty and staff need to ensure that the students' gender information is not disclosed to those related to the practicum partner organizations or other practicum participants in disregard of their will.

2) Outfits and Locker Rooms

Policy When students undertake off-campus practicums, the outfits that we instruct them to wear are not always limited to suits strictly. We allow students to wear other outfits that make the students look clean and polite. This is because unisex suits are still rare and most suits are gender specific. If outfits to be worn for off-campus practicums are limited only to suits, some students will feel hesitant to participate in practicums.

Response Faculty and staff in charge of off-campus practicums need to inform and seek understanding from practicum partner organizations that we respect gender and religious diversity and follow the policy of allowing students to participate in practicums not only in standard suits, leather shoes, etc. but also in other outfits that make the students look clean and polite. One of the measures for supervising students who will undertake off-campus practicums is to show specific examples of acceptable outfits.

Even if practicum partner organizations have uniforms, faculty and staff in charge of the practicums need to ask the partner organizations to accommodate students' requests to the fullest extent possible or allow the students to wear non-gender specific uniforms.

If students who will undertake off-campus practicums make a

request about locker rooms, faculty and staff in charge of the practicums need to request consideration from the practicum partners.

3) Overnight Stays, etc.

Policy Few of the overnight stay accommodations that we provide for off-campus learning have unisex rooms and bathrooms. We respond flexibly by adjusting the use of such accommodations.

Response Faculty and staff in charge of off-campus practicums need to take account of the possibility that some students might have trouble with overnight stays for off-campus practicums due to their gender or sex, consider a wide variety of options, and try to flexibly respond to requests from such students. Such requests might be accommodated by, for example, ensuring that the relevant students share a room with a chaperon faculty or staff member of the gender that the student identifies with or ensuring time during which individuals can take a bath alone.

V. Campus Life

Policy For university operation, facilities, etc., we strive to ensure easy-to-use functionality for all our members, regardless of gender and sex, and to prevent them from feeling discomfort. In addition, we aim to provide the necessary information to enhance comfortable use by sexual minorities.

*For the latest information on the university's facilities, contact the LGBT+ Counseling Counter.

1. Restrooms

Many of the on-campus restrooms for the disabled and accessible restrooms are designed as unisex facilities. Those who find it difficult to use gender-specific restrooms are encouraged to use such unisex facilities.

For the locations of such restrooms, see the barrier-free map for each campus.

- Higashi Hiroshima Campus

https://www.hiroshima-u.ac.jp/access/higashihiroshima/barrierfreemap_higashihiroshima

- Kasumi Campus

https://www.hiroshima-u.ac.jp/access/kasumi/barrierfreemap_kasumi

- Higashi-Senda Campus

https://www.hiroshima-u.ac.jp/access/sendahigashi/barrierfreemap_higashisenda

2. Locker Rooms

We will install unisex changing booths in the future.

In addition, we will equip some accessible restrooms with a changing board. Since some people can use only accessible restrooms,

we ask all university members to show consideration for one another.

3. Student Dormitories

Although most of our student dormitories are gender specific, some are unisex. In the unisex dormitories, a common washing room is available on each floor, but some rooms are equipped with a space for installing a washing machine. The fees vary depending on the room type. Those who would like to live in our dormitories need to consider these points before deciding to live there.

For details, check the below website.

<https://www.hiroshima-u.ac.jp/nyugaku/shien/jyuukyo/gakuseisyukusya>

4. Health Examinations

Periodic health examinations are conducted in gender-specific time slots. If students make any request (e.g. request for receiving an examination alone at the end of the gender-specific time slot), we will strive to accommodate the request. This point is announced in the notices of health examinations.

Upon their request, students can be examined with a stethoscope while wearing a thin shirt. For X-ray examination, students are X-rayed while wearing a T-shirt. Upon their request, students can borrow a T-shirt.

Health examination forms and health questionnaire sheets ask students to provide their gender information. If requested, we allow students not to do so. Health examination certificates contain a gender section, but if requested, we allow students to leave the section blank. Medical certificates do not contain a gender section. For medical records, however, gender information is transcribed from the school register, as designated by Article 24 of the Medical Practitioner's Law.

5. Studying Abroad

Policy In most cases, it is difficult to change the policies and facilities of the foreign institutes where students will study. In addition, there are sometimes high legal hurdles for students who wish to use different names and genders from those on their passports while studying abroad. However, some foreign institutes can respond flexibly. We provide counseling for students who would like to participate in study abroad programs which we introduce, but they are also encouraged to fully consider an appropriate foreign institute where they will study.

Response If requested by students, counter staff in charge of study abroad programs need to inform the foreign institutes where the students will study that we follow a policy of respecting individuals' gender and sexual diversity and to ask them to respond flexibly in terms of the students' daily living environment and learning support, thereby striving to prevent trouble from occurring.

Student Not all requests from students are necessarily

accommodated, but students wishing to receive support are encouraged to contact counseling counters.

6. Job Hunting

Policy It is often difficult to change companies' policies and equipment. However, some companies are beginning to respond flexibly.

For job hunting, we provide support for each student to display their capabilities to the fullest extent possible, regardless of gender and sex. The counseling staff members of the Global Career Design Center have been trained on matters related to gender and sex. They also collect information on LGBT-friendly companies.

Response Academic advisors and the staff of the Global Career Design Center need to collect information in order to identify problems often confronting sexual minority students.

Appendix

List of contacts for university services

Consultation counter	Place	Consultation matters	Person in charge	Appointment	Contact information
Desk for LGBT and other sexual minorities	Student Services Group 3F, Hiroshima University Student Plaza	Consultation about LGBT and other sexual minorities	Staff	Appointment required	Email: gakusei-lgbt@office.hiroshima-u.ac.jp
Harassment Consultation Office	Higashi-Hiroshima Campus: 1BF, Central Library	Consultation about harassment	Faculty member	No appointment required: Mon.-Fri. 10:00-17:00	Tel: (082) 424-5689, 7204, 4352 * Appointments for any campus will be accepted at Higashi-Hiroshima Campus. Email (Appointment): harassos@hiroshima-u.ac.jp (for consultation only)
	Kasumi Campus: 1-3F, Common-use Building 1		Faculty member	Appointment required: Mon.-Fri. 13:00-19:00	Tel: 082-257-1519
	Higashisenda Campus: B-107, Common Facility Building B		Faculty member	Appointment required: once a week 13:00-17:00	
Health Service Center	Higashi-Hiroshima Campus: 4F, Hiroshima University Student Plaza	Mental health section: Health consultation about mind and stress Counseling section: Consultation about various problems in student life such as studying, career, interpersonal relations	Mental Health Section: psychiatrist Counseling Section: clinical psychologist	Appointment required Mental Health Section: Mon.-Fri. 9:00-12:00, 13:00-17:00 Counseling Section: Japanese Mon.-Fri. 9:00-12:00, 13:00-17:00 English Mon., Tue., Wed., Fri. 9:00-12:00, 13:00-17:00	Tel: 082-424-6186 Mental Health Section: mental@hiroshima-u.ac.jp Counseling Section: shinri@hiroshima-u.ac.jp Japanese rcounsel@hiroshima-u.ac.jp English
	Kasumi Campus: 1F, Clinical Administration Building			Appointment required Mental Health Section: Mon.-Fri. 9:00-12:00, 13:00-17:00 Counseling Section: Japanese Wed., Thu. 9:00-12:00, 13:00-17:00 English Fri. 9:00-12:00, 13:00-17:00	Tel: 082-257-5096 Mental Health Section: mental@hiroshima-u.ac.jp Counseling Section: shinri@hiroshima-u.ac.jp Japanese rcounsel@hiroshima-u.ac.jp English
	Higashisenda Campus 1F, Higashi-Senda Innovative Research Center			Appointment required Mental Health Section: Tue. 16:00-18:00 Counseling Section: Japanese only Tue. 18:00-21:00 Thu. 19:00-21:00	Tel: 082-542-6970 Mental Health Section: mental@hiroshima-u.ac.jp Counseling Section: shinri@hiroshima-u.ac.jp Japanese) rcounsel@hiroshima-u.ac.jp English
Peer Support Room	4F, Hiroshima University Student Plaza	Consultation about various problems in student life	Peer Supporter(Students)	No appointment required You can check the opening date at the following URL https://home.hiroshima-u.ac.jp/peer/riyou.html	Tel: 082-424-6328 Email: peer@hiroshima-u.ac.jp If you have any comments or questions about Peer Support Room, please contact the email address on the left. * We do not consult by email. Please come to the room if you would like to consult.
Accessibility Center	2F, Hiroshima University Student Plaza	Consultation about inconveniences and difficulties in study	Faculty member and Staff	Appointment required Mon.-Fri. 9:30-17:30	Tel: 082-424-6324 Email: office@achu.hiroshima-u.ac.jp
Research Center for Diversity and Inclusion	8F, Building B, School of Education	Raising awareness and providing information on gender and sexual diversity	Faculty member	By making an appointment by e-mail, you can surely consult. If there is a person in charge when you come to the center, we will take your consultation at any time.	Tel: 082-424-4559 Email: ooike@hiroshima-u.ac.jp
All-Purpose Counseling Center for Students	Student Services Group 3F, Hiroshima University Student Plaza	Consultation about troubles and problems	Staff	No appointment required Mon.-Fri. 8:30-17:15	Tel: 082-424-6145 Email: gakusei-senmon@office.hiroshima-u.ac.jp